# BETTER MEALS, BRIGHTER MINDS

### TO ALL PARENTS AND GUARDIANS,

We extend our heartfelt gratitude to each of you for your unwavering support and dedication in nurturing and guiding your children. Your efforts to ensure they are wellprepared, cared for, and well-fed every day, especially at school, play a crucial role in their overall development and success. Your commitment to their well-being and education does not go unnoticed, and we deeply appreciate all you do.

On average, students who eat school breakfast have been shown **to achieve 17.5% higher scores on standardized math tests** and attend 1.5 more days of school per year.

> - SCHOOL NUTRITION ASSOCIATION



### DELICIOUS CHOICES FORMULATED FOR SCHOOLS

You may have seen how we serve many popular brands kids know and love. All options found in the cafeteria have been **specially formulated to help meet school nutrition guidelines**.

### BOTH ARE MORNING STAPLES – ONLY ONE HELPS TO BETTER MEET CRITERIA FOR SODIUM AND SATURATED FAT.

Yoplait® ParfaitPro® Vanilla Reduced Sugar Yogurt\*\*

\*Dreamy Peach Smoothie made with ParfaitPro® Reduced Sugar has 0.5g Saturated fat and 75mg sodium per 8 oz (226g) serving versus 2g Saturated Fat and 220mg sodium in a 25g (.88 oz) Turkey Sausage Patty. USDA Food Central SR Legacy Foods 42173. \*\*25% Less Sugar than Original ParfaitPro®. ParfaitPro® Reduced Sugar contains 14g sugar per 6 oz serving. Regular ParfaitPro® contains 21g sugar per 6 oz serving.

# UPDATES TO SCHOOL MEAL STANDARDS

We want to let you know that several guidelines have been revised to align with the most recent nutrition science **to ensure your kids get the most nutritious meals** possible. BOTH ARE KID FAVORITES — ONLY ONE HELPS MEET ADDED SUGAR REQUIREMENTS AND IS WHOLE GRAIN-RICH:

Pillsbury™ Frozen Mini Cinnis Caramel



### ADDED SUGARS

For the first time, added sugars will be limited in school meals nationwide, with product changes happening by School Year 2025-26 and weekly menu changes by School Year 2027-28. .02

### SODIUM

WHOLE GRAINS

Current nutrition standards for whole grains will not change. Schools will

continue to offer students

a variety of nutrient-rich

whole grains.

Schools will need to further reduce sodium content in their meals by School Year 2027-28.

#### BOTH ARE FUN AND EXCITING — ONLY ONE HAS LOWER SUGAR."

25% Less Sugar Cinnamon Toast Crunch™ Cereal



We'd like to extend a shoutout to all the hardworking school nutrition professionals who create meal programs that ensure kids are well fed and ready to learn, grow, and succeed — meeting regulations while also providing exciting choices kids want to eat!

## THANK YOU FOR BEING SUCH INCREDIBLE PARTNERS IN BUILDING A STRONG FOUNDATION FOR OUR CHILDREN'S FUTURE!

\*Pillsbury™ Mini Cinnis contain 14g sugar per 2.29 oz versus 22g sugar per 2.29 oz of French Cruller Doughnut USDA Food Central SR Legacy Food 18253. \*\*25% Less Sugar Cinnamon Toast Crunch™ has 12g Total Sugar per 2 oz (56g) serving versus 21g total sugar of 2 frozen ready-to-eat chocolate chip waffles (70g) and 1 tablespoon of maple syrup. USDA Food Central SR Legacy Foods 18951, 19353.