



## Recipe Guide

Crunch Lab™ offers **limitless combinations** of sweet and savory flavors. Here are a few tried and true combinations to **inspire chefs and consumers** alike. They can be **easily pre-mixed and packaged** for **grab-and-go stations** or **self-serve areas**, depending on the location.



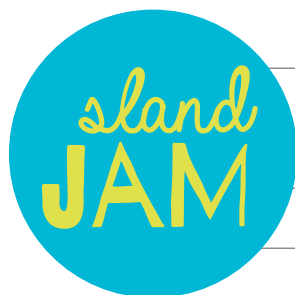
Ingredient	Weight	Volume	Volume (½ Recipe)*	Volume (¼ Recipe)*
Lucky Charms™	2 lbs 3 oz	30 cups	15 cups	7 ½ cups
Golden Grahams™	2 lbs 12 oz	33 ⅓ cups	16 ⅔ cups	8 ⅓ cups
Chocolate Chips	2 lbs 3 oz	6 cups	3 cups	1 ½ cups



Ingredient	Weight	Volume	Volume (½ Recipe)*	Volume (¼ Recipe)*
Reese's® Puffs®	2 lbs 3 oz	24 ½ cups	12 ¼ cups	6 ⅛ cups
Chocolate Chex™	3 lbs 1 oz	28 cups	14 cups	7 cups
Butterfinger® Pieces	1 lbs 4 oz	4 cups	2 cups	1 cup
Peanut Butter Chips	1 lbs 2 oz	3 cups	1 ½ cups	¾ cup
Mini Marshmallows	14 oz	8 cups	4 cups	2 cups



Ingredient	Weight	Volume	Volume (½ Recipe)*	Volume (¼ Recipe)*
Reese's® Puffs®	2 lbs 3 oz	24 ½ cups	12 ¼ cups	6 ⅛ cups
Peanuts	1 lbs 4 oz	4 cups	2 cups	1 cup
Bacon Bits	15 oz	2 ½ cups	1 ¼ cups	⅝ cup
Banana Chips	14 oz	5 cups	2 ½ cups	1 ¼ cups



Ingredient	Weight	Volume	Volume (½ Recipe)*	Volume (¼ Recipe)*
Trix®	2 lb	30 ½ cups	15 ¼ cups	7 ⅝ cups
Dried Pineapple	1 lbs 5 oz	4 cups	2 cups	1 cup
Macadamia Nuts	1 lbs 4 oz	4 cups	2 cups	1 cup
Shredded Coconut	12 oz	4 cups	2 cups	1 cup

the  
**KITCHEN  
SINK**

Ingredient	Weight	Volume	Volume (½ Recipe)*	Volume (¼ Recipe)*
Cocoa Puffs®	2 lbs 3 oz	29 cups	14 ½ cups	7 ¼ cups
Peanut M&M's®	1 lbs 4 oz	3 cups	1 ½ cups	¾ cup
Mini Pretzels	6 oz	6 cups	3 cups	1 ½ cups
Doritos®	4 oz	4 cups	2 cups	1 cup
Bacon Bits	4 oz	2 cups	1 cup	½ cup
Cheese Popcorn	3 oz	8 cups	4 cups	2 cups

**CINNAMON  
CRANBERRY**

Ingredient	Weight	Volume	Volume (½ Recipe)*	Volume (¼ Recipe)*
Cinnamon Toast Crunch™	2 lbs 13 oz	30 ½ cups	15 ¾ cups	7 ⅝ cups
White Chocolate Chips	1 lbs 3 oz	3 cups	1 ½ cups	¾ cup
Sunflower Seeds	15 oz	3 cups	1 ½ cups	¾ cup
Dried Cranberries	14 oz	3 cups	1 ½ cups	¾ cup

honey  
**GRANOLA  
CRUNCH**

Ingredient	Weight	Volume	Volume (½ Recipe)*	Volume (¼ Recipe)*
Honey Nut Cheerios™	2 lbs 7 oz	32 cups	16 cups	8 cups
Parfait Granola	3 lbs 2 oz	8 ½ cups	4 ⅝ cups	2 cups
Dried Cherries	1 lbs 5 oz	4 cups	2 cups	1 cup
Roasted Pumpkin Seeds, shelled (Pepitas)	13 oz	3 cups	1 ½ cups	¾ cup

chocolate  
apricot  
walnut

Ingredient	Weight	Volume	Volume (½ Recipe)*	Volume (¼ Recipe)*
Chocolate Chex™	3 lbs 1 oz	28 cups	14 cups	7 cups
Cocoa Puffs®	2 lbs 3 oz	29 cups	14 ½ cups	7 ¼ cups
Dried Apricots	2 lbs 4 oz	6 cups	3 cups	1 ½ cups
Chocolate Chips	1 lbs 8 oz	4 cups	2 cups	1 cup
Walnuts	1 lbs 6 oz	6 cups	3 cup	1 ½ cups

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